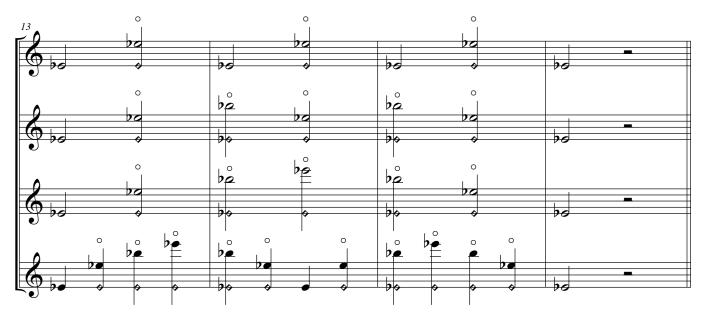
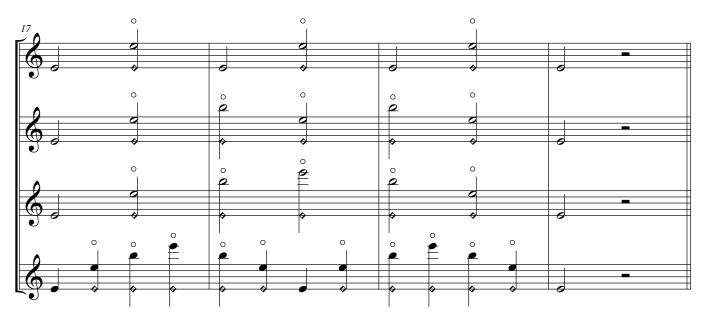
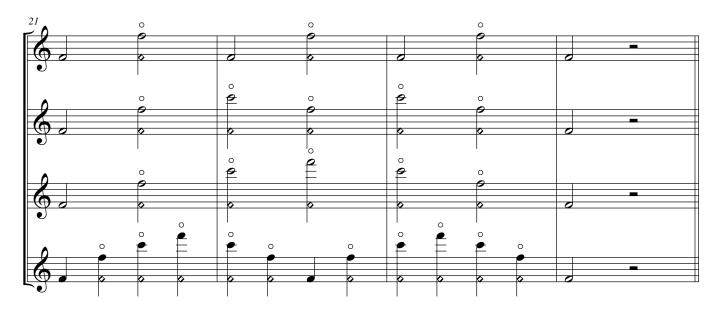
## Daily Progressive Harmonic Exercises

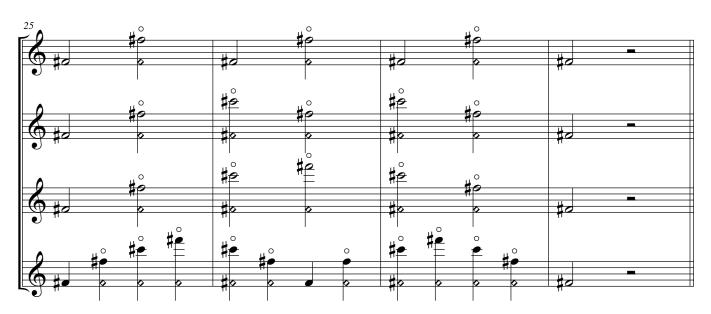
Erika Skye Andres

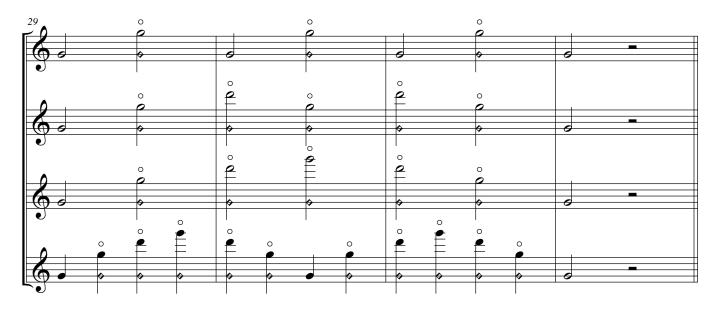




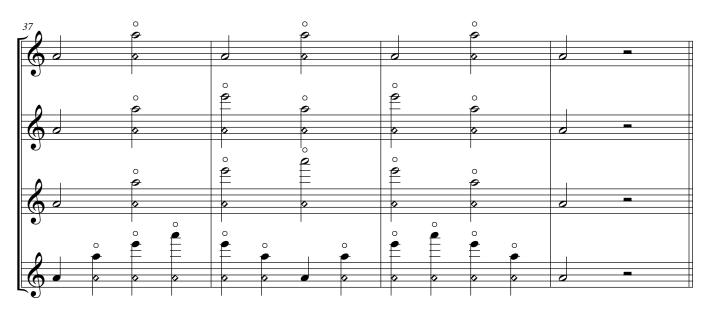










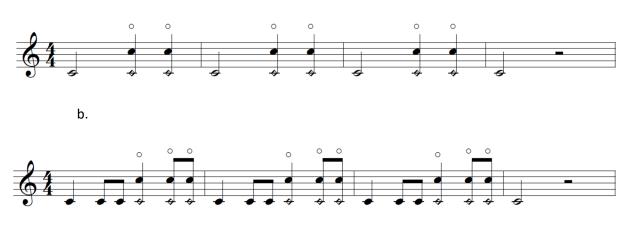






## Variations

- 1. Speed-practice with the backing track in different tempos
- 2. Articulation-tongue or slur everything; combination of slurring and tonguing
- 3. Rhythm-create your own! Examples using level 1:
  - a.



c.



4. Repeat each measure but play it twice as fast. For example, using level 3:



5. Play five note or even full major scales using the second harmonic (first overtone after the fundamental note). (Note that you can also do the same using higher harmonics but that they do not work for all scales, only the lower ones). For example:

