

## Homework for Lisa Doherty's Leaf Motifs Class at the Carolina Fiber Fest 2026

### Knitted Mitered Square Leaf

This pattern is for a symmetrical leaf with no irregularities. It will function as a starting point for your leaf variations in class. If you can make it before class, you'll start with an understanding about how knitted mitered square leaves work.



Materials: 10g of worsted weight yarn and knitting needles size 7

Set up row: CO 21. K all sts.

Row 1, Right side (RS): Kfb, k8, work a CDD (center double decrease stitch: sl 2 stitches knitwise at the same time, k1, pass the 2 slipped stitches over the k1), place a removable marker into the CDD, k8, kfb. 21 sts total.

Row 2, Wrong side (WS): K10, sl the marked CDD from the previous row wyif, k10.

Row 3, RS: K9, CDD, move the marker to the CDD, k9. 19 sts total.

Row 4, WS: K all stitches, except for the marked CDD from the previous row, which should be slipped wyif.

Row 5, RS: kfb, k7, CDD, move marker up, k7, kfb. 19 sts total.

Row 6, WS: K all stitches, making sure to slip the marked CDD wyif.

Row 7, RS: K8, CDD, move marker, k8. 17 sts total.

Row 8: repeat Row 6.

Row 9, RS: Kfb, k6, CDD, move marker, k6, kfb. 17 sts total.

Row 10: repeat Row 6.

Row 11, RS: K7, CDD, move marker, k7. 15 sts total.

Row 12: repeat Row 6.

Row 13, RS: Kfb, k5, CDD, move marker, k5, kfb. 15 sts total.

Row 14: repeat Row 6.

Row 15, RS: K6, CDD, move marker, k6. 13 sts total.

Row 16: repeat Row 6.

Row 17, RS: Kfb, k4, CDD, move marker, k4, kfb. 13 sts total.

Row 18: repeat Row 6.

Row 19, RS: K5, CDD, move marker, k5. 11 sts total.

Row 20: repeat Row 6.

Row 21, RS: Kfb, k3, CDD, move marker, k3, kfb. 11 sts total.

Row 22: repeat Row 6.

Row 23, RS: K4, CDD, move marker, k4. 9 sts total.

Row 24: repeat Row 6.

Row 25, RS: Kfb, k2, CDD, move marker, k2, kfb. 9 sts total.

Row 26: repeat Row 6.

Row 27, RS: K3, CDD, move marker, k3. 7 sts total.

Row 28: repeat Row 6.

Row 29, RS: Kfb, k1, CDD, move marker, k1, kfb. 7 sts total.

Row 30: repeat Row 6.

Row 31, RS: K2, CDD, move marker, k2. 5 sts total.

Row 32: repeat Row 6.

Row 33, RS: Kfb, CDD, move marker, kfb. 5 sts total.

Row 34: repeat Row 6.

Row 35, RS: K1, CDD, move marker, k1. 3 sts total.

Row 36: repeat Row 6.

Row 37, RS: CDD, remove marker. 1 st remaining. Cut yarn, fasten off, and weave in the tails on the wrong side.

Cut yarn and fasten off. Weave in tails.

## Crocheted Spiral Leaf

This pattern is for a basic leaf spiral. It will function as a starting point for your leaf variations in class. If you can make one before class, you'll start with an understanding about how this type of leaf works.

**Materials:** 2 contrasting colors of worsted weight yarn in small amounts (4g for the main color, 1g for the surface embellishment) and a G hook.

**Begin:** ch 4, sl st to join into a ring. The first 12 stitches of the spiral will be worked into the center of this ring: Sc into the ring 2x, hdc into the ring 10x. Be sure to spread the stitches out so that you can see all 12 of them. You'll be working into the tops of stitches going forward, starting with the 2 sc stitches from the very beginning, so make sure you can see/find them.

From this point on, **all stitches will be worked through the back loop only**, leaving the front loops available for embellishment later on. Work 2 hdc into each of the two beginning sc sts, then 2 hdc into each of the next five stitches.



Work (1 hdc and 1 dc) into the next stitch, 1 dc into the next stitch, 2 dc into the next stitch, 1 dc into the next.

Work (1 dc and 1 tr) into the next stitch, 2 tr into each of the next three stitches, 1 tr into the next stitch, 2 tr into the next stitch, and 1 dtr into the next stitch.



Looking along the left side of the dtr stitch in the photo above, you'll see 3 bumps along that edge. Working along the left side of the dtr stitch into those bumps, ch 1, make 1 sc into the first bump, 1 hdc into each of the next two bumps, and 1 dc into the same back loop as the dtr was originally worked.

Finish the spiral with 1 hdc into the next stitch (still working into the back loop only), and 1 sc into the next stitch. Cut yarn, and pull up on the loop until the end comes out the top of the sc.



Work an invisible join to mimic a slip stitch to finish the spiral. If you're not familiar with the invisible join, there's a tutorial on my website:

<https://ldoherty.substack.com/p/issue-3-almost-time-for-fiber-fest>

