

Lessonface Alternate Picking Lesson

Lessonface.com

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Standard tuning

♩ = 120

1.) "1234" exercise

dist.guit.

1 2 3 4 1 2 3 4 1 2 3 4

1 2 3 4 1 2 3 4 1 2 3 4

1 2 3 4 1 2 3 4 1 2 3 4

Shift

5 4 3 2 5 4 3 2 5 4 3 2 5 4 3 2 3 4 5 6 3 4 5 6

Shift etc

2.) "1234" variation

1 1 1 1 1 1 1 1 2 2 2 2 2 2 2 2 3 3 3 3 3 3 3 3 4 4 4 4 4 4 4 4 1 1 1 1 1 1 1 1 2 2 2 2 2 2 2 2

3 3 3 3 3 3 3 3 4 4 4 4 4 4 4 4 1 1 1 1 1 1 1 1 2 2 2 2 2 2 2 2 3 3 3 3 3 3 3 3 4 4 4 4 4 4 4 4

1 1 1 1 1 1 1 1 2 2 2 2 2 2 2 2 3 3 3 3 3 3 3 3 4 4 4 4 4 4 4 4 1 1 1 1 1 1 1 1 2 2 2 2 2 2 2 2

3 3 3 3 3 3 3 3 4 4 4 4 4 4 4 4 1 1 1 1 1 1 1 1 2 2 2 2 2 2 2 2 3 3 3 3 3 3 3 3 4 4 4 4 4 4 4 4

Free time
3.) String crossing exercise

20 21 22

3 3 3 3 3 3 3 3

9 10 12 9 10 12 9 10 12 9 10 12 9 10 12 9 10 12

4.) Pick slanting Paul Gilbert exercise

23 24 25

3 3 3 3 3 3

9 10 12 9 10 12 10 12 13 10 12 13 10 12 13 12

5.) Two way pick slanting exercise

26 27 28

10 12 9 10 12 10 9 12 10 12 9 10 12 10 9 12

6.) Triad exercise

29 30 31

17 15 19 15 17 15 19 15 17 15 19 15

Same picking in a minor pentatonic scale

32 33 34

14 12 15 12 14 12 15 12 14 12 15 12 14 12 15 12 15 12 15 12 15 12

7.) C major scale exercise

35 36 37

9 10 12 9 10 9 12 10 9 10 12 9 10 9 12 10

8.)G Major scale

thirds exercise

38 39 40

TAB: 10-12 9-10-12 9-11-12 | 10-9-12 10-9-12-10 9-12 11-9-12-11-10-12

41 42 43

TAB: 12-9-11 12-9-10-12-9-10 12-9-10-12-9-10 |

Variation on an earlier exercise

44 45 46

TAB: 10-12-13 10-12-10 13-12-10-12-13 10-12-10 13-12