



Fair Isle Headband

Class

Skills

Knitting in the round, two-color stranded knitting, following a chart.

Design by Joan Sheridan

Size: Adult average. For larger sizes, increase needle size.

Gauge: 30 sts = 4"/10cm in pattern in the round using larger needles after blocking.

Yarn: Fingering weight, Jamieson and Smith (25g, 125 yds/115 m). Two colors:

(Background) 81 Charcoal Titanic - 105 yds/ (96 m);
(Pattern) 1283 Light Heathered Rose - 30 yds (27.5 m);

Needles and notions: US Size 1 (2.50 mm) and 3 (3.25 mm) for circular knitting or size to achieve gauge. Stitch marker, tapestry needle.

Abbreviations and techniques

2x2 ribbing = *k2, p2, repeat from * around while following color chart.

k2tog = knit two stitches together. One stitch decreased.

m1 = make one. Working with ladder between stitches, use left needle to pick up ladder from back. Use right needle to knit this loop at the front of the needle, thus twisting the ladder. One stitch increased.

Stranded Knitting

Stranded Knitting is a technique using two or more colors in one row or round. The knitter may tension the strands of yarn in both hands or all in one hand. When a color is not being used, it is "stranded" loosely across the back of the work. Pulling the yarn too tightly will cause puckering in the fabric being created. Stretching the stitches across the right needle as the knitting progresses will help reduce the tendency of the stitches to bunch up and produce floats that are too short. The foreground color is carried below the background color when viewed from the wrong side. When working with two hands, the foreground color is carried in the left hand. When knitting with two yarns in one hand, the



